

KIRJOJA PPD:STÄ

- John Sarno: Mind over Back Pain (1982)
- John Sarno: Healing Back Pain (1991)
- John Sarno: The Mindbody Prescription (1998)
- John Sarno: The Divided Mind (2006)
- D. Clarke (MD), H. Schubiner (MD), M. Clark-Smith (MA) & A. Abbass (MD). Psychophysiologic Disorders (2019)
- Allan Abbass (MD) & Howard Schubiner (MD): Hidden from view (2018)
- Howard Schubiner: Unlearn Your Pain (2010)
- David Schechter: Think Away Your Pain (2014)
- Nicole Sachs: The Meaning of Truth (2016)
- Frances Sommer Anderson & Eric Sherman: Pathways to Pain Relief (2013)
- Marc Sopher: To Be or Not To Be... Pain-Free (2003)
- Steven Ozanich: The Great Pain Deception (2011)
- Nancy Selfridge & Franklynn Peterson: Freedom from Fibromyalgia (2001)
- Scott Brady: Pain Free for Life (2006)
- Fred Amir: Rapid Recovery From Back and Neck Pain (1999)
- Stephen Conenna: Use Your Mind to Heal Your Body (2013)

LIITE B: MUITA INFOLÄHTEITÄ

Muita infolähteitä:

- Verkko-ohjelmia
 - The Curable App
 - Dr. Howard Shubiner's Online Mind Body Program
 - Nicole Sachs, Freedom from Chronic Pain
 - TMS Wiki's Structured Educational Program
 - Alan Gordon's TMS Recovery Program (available in TMS wiki)
- Verkkosivuja
 - Psychophysiologic Disorder Association: ppdassociation.org
 - Dr. Howard Schubiner's website and Mind Body Program: unlearnyourpain.com
 - The Pain Psychology Center: painpsychologycenter.com
 - Mindbody Medicine: mindbodymedicine.com
 - TMS-Wiki: tmswiki.org *
 - N. Sachs website The Cure For Chronic Pain and online program: thecureforchronicpain.com
- CD:t ja DVD:t
 - Georgie Oldfield: SIRPA Recovery CD
 - David Schechter: The MindBody Audio Program. (MindBody Medicine Publications, Los Angeles, 2001)
 - The MindBody Patient Panel (D. Schechter)
- Podcastit
 - Nicole Sachs: The Cure for Chronic Pain Podcast
 - Katelyn Michals: Mindbody Mastery Podcast
- Muut
 - Mind-body workbook by D. Schechter (1999)
 - Diplomityö: I. Kyyrönen, The mechanisms of tension myoneural syndrome and applied treatment and care techniques, Tampere University of Technology, Master of Science Thesis, 2019.

* TMS wiki is maintained since 2009 by the nonprofit organization PPD/TMS Peer Network (PTPV) and contains resources and information about TMS that is available online. The website is for informational and support purposes and it does not provide diagnosis, treatment recommendations or medical advice. (TMS Wiki 2018)